

# Kaiser Permanente, State of Colorado, & ClassPass





### Making Healthy Easier for You!

ClassPass and Kaiser Permanente have teamed up to offer State of Colorado Kaiser Permanente members a fitness perk with flexibility.

Get moving – and live a little healthier – with fitness that fits your goals, your mood, and your schedule. Stream ondemand classes that you can do from the comfort of your home. Or, book in-person classes or gym time at any participating studio.

#### With ClassPass

**Sweat it out wherever, whenever:** Find your zen, feel the burn and get your heart pumping with a new workout routine at home. Try one of 4,000+ on-demand video and audio workouts.

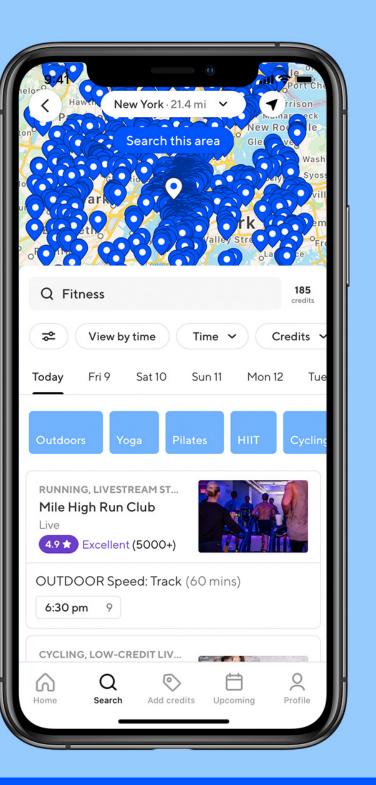
**Fitness isn't one-size-fits-all:** ClassPass gives you worldwide access to thousands of top-rated gyms and fitness studios. Personalize your routine by choosing from cycling, yoga, boxing, barre and more.

# Choose from 2 monthly membership options:

- 1. ClassPass Digital Only FREE Includes 4,000+ on-demand audio and video workout. Access from a desktop and ClassPass' iOS & Android apps. Plus, stream to compatible devices.
- 2. ClassPass Complete \$16/mo.
  Includes ClassPass Digital plus
  21 credits to to book in-person classes
  at any participating gym or studio in
  the global ClassPass network.

Questions about your Kaiser Permanente benefits, using the mobile app, or finding your digital ID card? Call KP COpilot, your dedicated Kaiser Permanente concierge team, at **1-888-413-0591**.







## Sign up today!

Visit kp.org/classpass/co

You'll need a special discount code. To find it, open the Kaiser Permanente mobile app, and look at the back of your digital ID card.

